

## **St Peter's Catholic Primary school. Physical Education.**

At St Peter's we aim to provide high quality sports and physical education for all our pupils. We follow the National Curriculum for sport and P.E. and aim to provide at least two hours per week of quality Physical Education for every pupil. The new scheme for PE is in full effect and running smoothly.

During the last twelve months we have taught the following activities; Games including Football, Tag-Rugby, Hockey, Tri-Golf, Rounders, Handball, Cricket, Basketball and Dodgeball, as well as Gymnastics, Athletics, Dance, Swimming, Yoga and sports multi-skills. We have started up new extracurricular and lunchtime sports clubs for pupils in KS1 and KS2.

We have been able to use part of our PE funding to provide our Foundation 2 and Key Stage 1 pupils with the opportunity to take part in a number of PE festivals this year. KS2 Pupils have been given the opportunity to improve dance skills through participation in Love Dance. Pupils across the school have been given the opportunity to represent the school in a number of football competitions and virtual competitions. Mr Bond has been trained in Yoga instruction and is in full effect throughout the school. We have also purchased a PSHE scheme called 'Be the Best you can be' which has helped to deliver the PSHE module.

All pupils have recently taken part in a very enjoyable fitness week, during which pupils are given the opportunity to do their personal best. The fortnight involved; Sports Day, Health related fitness, Karate, a Dance festival and a Yoga day. Pupils have also taken part in Race for Life earlier this year.

Each year we hold a Health Awareness Week during which pupils are taught about healthy eating, the importance of an active lifestyle and are shown different games and sports. Pupils are also fully involved in the active playground, which takes place every day at lunchtime.

We encourage our pupils to take part in competitions. Since September we have held a sponsored walkathon. We have participated in a range of sporting festivals including Tennis, Team Building, Boxercise, tri-golf, Zumba, Multi-skills, Gymnastics, Dance, Martial Arts, Football, Cheer leading and Basketball.

We have developed close ties with a number of schools which we regularly play fixtures against. We were very kindly provided funds to purchase the new team kit.

Staff development and training forms an important part of our P.E. development plan. We are using part of our PE funding to participate in of an ongoing training programme delivering swimming, games, dance, gymnastics, lunch-time play leading and subject leadership. An advisory teacher worked with two of our staff to improve their teaching in areas highlighted as wanting improvement from them, this will allow us to sustain the development of PE into the future. CPD courses have been attended and in place for Swimming instructors.

As a school, we remain committed to The Olympic values and continue to promote the values throughout lessons. We celebrate sporting effort and achievement in assemblies. Many of our pupils take part in out of school sports and we encourage and support these. We have also celebrated sporting achievements with rewards and certificates in our end of year assembly.

If you have any questions about sport and P.E. at St Peter's, please contact Mr Bond or speak to a member of the senior leadership team.

P. McClements

Physical Education Co-ordinator.

July 2017