

St Peter's Catholic Primary School - Physical Education.

At St Peter's we aim to provide high quality sports and physical education for all our pupils. We follow the National Curriculum for sport and P.E. and aim to average at least two hours per week of quality Physical Education for every pupil.

During the last twelve months we have taught the following activities; Games including Football, Tag-Rugby, Hockey, Tri-Golf, Rounder's, Handball, Cricket, Basketball and Dodgeball, as well as Gymnastics, Athletics, Dance, Swimming, Yoga and multi-skilled sports. We have started up new extracurricular sports clubs for pupils in both KS1 and KS2.

We have been able to use part of our PE funding to provide our Foundation 2 and Key Stage 1 pupils with the opportunity to take part in a number of PE festivals this year. Pupils across the school have been given the opportunity to represent the school in a number of competitions such as Golf, Tag Rugby and football. We have also purchased a PSHE scheme called 'Be the Best you can be' which has helped to deliver the PSHE module and we have used Yoga and Mindfulness activities.

All pupils took part in a very enjoyable fitness fortnight, during which pupils were given the opportunity to do their personal best. The fortnight involved: Sports Day, Health related fitness, Fun with balloons, Assault Course and Yoga. Pupils have also taken part in the Race for Life and raised money for charity.

Each year we hold a Health Awareness Week during which pupils are taught about healthy eating, the importance of an active lifestyle and are shown different games and sports. Pupils are also fully involved in the active playground, which takes place every day at lunchtime.

We have developed close ties with a number of schools which we regularly play fixtures against. We were very kindly provided funds to purchase the new team kit.

Staff development and training forms an important part of our P.E. development plan. We are using part of our PE funding to participate in of an ongoing training programme delivering swimming, games, dance, gymnastics, lunch-time play leading and subject leadership.

As a school, we remain committed to The Olympic values and continue to promote the values throughout lessons. We celebrate sporting effort and achievement in assemblies. Many of our pupils take part in out of school sports and we encourage and support these. Also, we have been visited by two athletes who have represented Britain in their sports.

It has been wonderful to see the number of parents who have attended the many family activities which have taken place – long may it continue.

If you have any questions about sport and P.E. at St Peter's, please contact me or speak to a member of the senior leadership team.

G Bond

Physical Education Co-ordinator.